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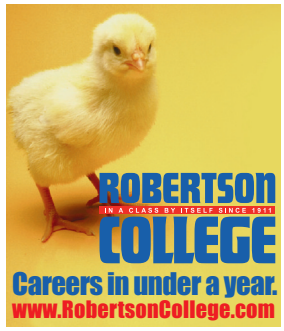
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Methadone clinic finds new home

FOOTHILLS Approval was given by the City of Calgary for the Second Chance Recovery methadone clinic to move to a location in the Foothills Industrial area.

The clinic has faced controversy in nearly every community it has tried to locate to, with concerned residents being the catalyst behind a move from Forest Lawn, and then earlier this year from Braeside.

Surrounding businesses and property owners will be consulted and advised of the clinic's operational guidelines. No homes are in the vicinity of the new location.

The clinic will be open Monday to Thursday from 9 a.m. to 5 p.m.

METRO CALGARY

ROBIN KUNKEL/FOR METRO CALGARY

Keith Stang holds Alivia, 7 months, while waiting in line to receive the H1N1 vaccine at one of the four clinics set up around Calgary. The clinics were overwhelmed by people waiting for several hours to receive their shot. More coverage, pages 3, 6 and 11.

Long lines for vaccine

Clinic hours extended as thousands seek H1N1 shot

Flu Outbreak

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Patience ended up being the prescription for Calgarians as long-awaited H1N1 vaccine clinics opened to thousands of people lined up at four locations.

Ted and Elaine Parker waited in line for the flu shot with hundreds of other families, seniors and pregnant women. Waits between three and six hours were reported.

300 The number of people waiting at the Whitehorn EMS centre around noon — some having already been in line for over three hours.

"We will wait as long as it takes to get the shot," Ted said at the beginning of the lineup, which wrapped around the Whitehorn EMS services centre.

Others weren't as patient, as some pregnant women — who are supposed to be high priority for the vaccine — were wondering why they weren't allowed to jump the queue.

"This is a long lineup and it's hard on me. I don't understand why we have to wait for so long," J. Markeet said.

There were four immunization clinics set up, one in each quadrant of the city, beginning at 8:30 a.m. and that is when the madness began, according to Marcus Graden.

"We're just leaving now and we got here a few hours ago. I actually had to take the day off work, it's too late to go in now. But it's worth it if we don't get sick," he said.

Late yesterday, Alberta Health Services extended clinic hours to 11 p.m. in order to accommodate those in line prior to 5 p.m.

In the Alberta legislature, Liberal Leader Kevin Taft criticized the provincial government for having just four immunization clinics in Calgary and five in Edmonton.

"The organization is clearly not in place for this to succeed," Taft said.

"Even if the current clinics run 24-7, the flu season may be over before a large portion of the population is immunized."

WITH FILES FROM THE CANADIAN PRESS

Minister wary of PC leadership review

TORIES Premier Ed Stelmach's leadership of Alberta's Progressive Conservatives was top of mind as elected members returned to the assembly for the fall sitting.

Sustainable Resources Minister Ted Morton told reporters on his way into the chamber yesterday that it would be a mistake to dump Stelmach when the Tories hold a leadership review vote next week.

And it would be a bigger mistake to plunge the party into a leadership contest at this point, said Morton.

"So I'm encouraging my constituents and all PCs to vote against a leadership review on Nov. 7," he said.

There's been widespread speculation that Morton, who lost the 2006 leadership race to Stelmach, has been waiting in the wings in case grumpy Tories push Stelmach aside.

But Morton laid those rumours to rest yesterday with his first public comments on the mandatory leadership review that Tories hold after every general election.

"What we need to do is focus on policy and win back those wavering Conservatives that are looking at the (Wildrose Alliance party)," he said.

"The last thing we need is a leadership review."

THE CANADIAN PRESS

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Mercy's dad on Madge's agenda

Sports pg 14

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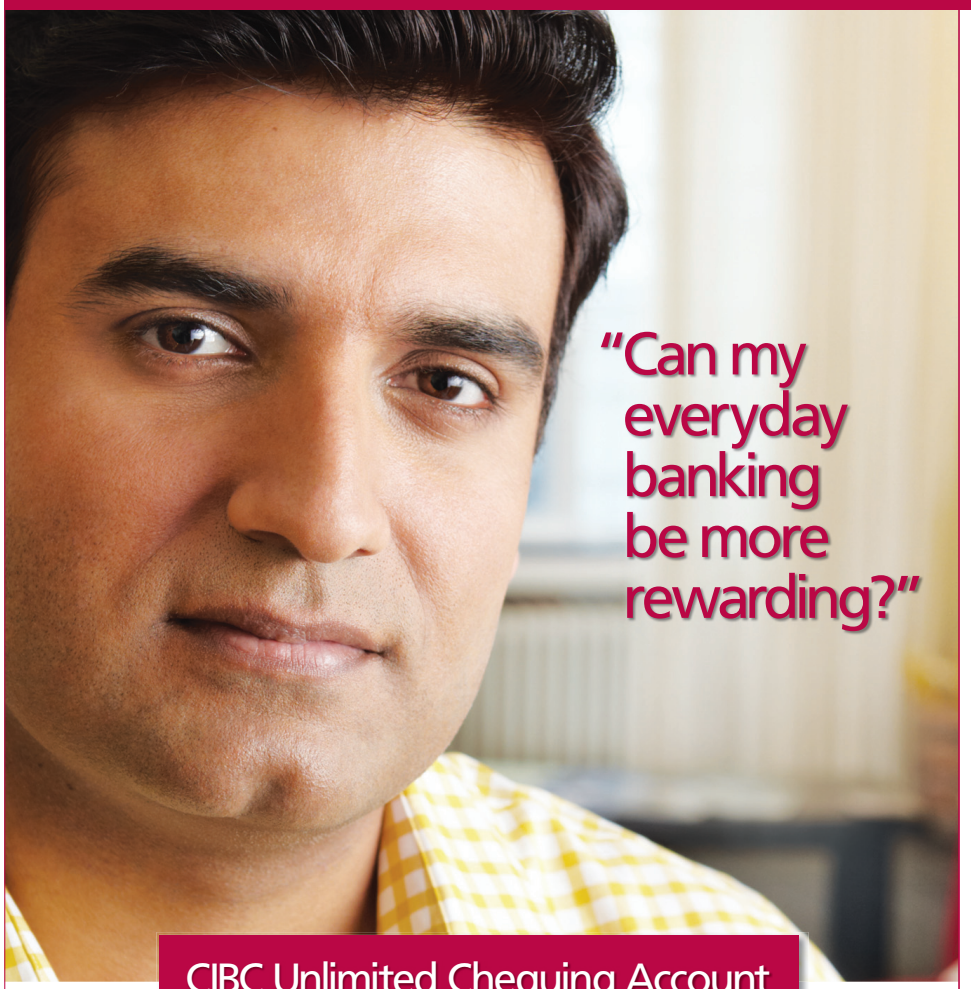

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Man charged in connection with robbery
One man was charged in connection with an Oct. 18 pharmacy robbery in southwest Calgary, police said. Mayland Roger Lavigne, 29 was arrested Oct. 23. METRO CALGARY

Local

Are malls ready for flu outbreak?

KRISTA SYLVESTER
krista.sylvester@metronews.ca

With the threat of H1N1 looming, large gathering areas — like malls, could be a source for spreading the virus.

As she watched her two little girls play on the playground in Southcentre Mall yesterday, Angela Klepatz was surprised to learn there weren't any hand sanitizers readily available near the play area or in the mall.

"I thought for sure there should be hand sanitizers, I was surprised not to see any. I keep sanitizer in my purse even," she said.

Klepatz said she is teaching her two-year-old and three-year-old daughters to wash their hands often and not to touch equipment and then touch their faces, but she still takes extra precautions wherever she goes.

While Southcentre Mall spokesperson Krista Moroz said the shopping centre has an H1N1 pandemic plan in place, the details are limited.

"We are currently monitoring the situation but right now it's business as usual. We have a plan in place if things were to elevate," she said.

ROBIN KUNUSI/FOR METRO CALGARY

Angela Klepatz with Abbi, 2, left, and Emma, 3, were at the Southcentre play area yesterday.

Marlborough Mall spokesperson Kim Wiltse said it was one of the first malls in the city to put a pandemic plan in place that included management participating in an online training course and information packages for stores in the mall.

"We also have hand sanitizers at all of the entrances and signs in the bathrooms reminding people of proper sneezing and hand washing. We're almost overdoing the clean," she said.

Chinook Centre, Market Mall and Sunridge Mall were not able to respond before press time.

m.metronews.ca

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News in brief

STATEMENT Police issued a statement yesterday clarifying that what was described as a shooting on Sunday in Forest Lawn was actually a stabbing. Police say the incident was not random but there are still no suspects or apparent motive.
METRO CALGARY

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What's online today.

Video Homeless shelters across Canada prepare for potential H1N1 outbreaks at **metronews.ca/canada**

Your Money Allan Small details how the fortunes of the U.S. and Canadian dollar impact North American markets at **metronews.ca/investing**

Police report upswing in Crime Stoppers tips

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Falling tolerance for crime is behind an increase in Crime Stoppers tips resulting in arrests, according to police.

Coming off the highest number of tips per month in September 2009 resulting in arrests, officials are optimistic this will also be the most successful year to date with already 150 more tips than last year with 2,860.

"I firmly believe our city is safer thanks to those that have picked up the phone or visited the Crime Stoppers website to provide a tip," Staff Sgt. Colin Chisholm said.

Chisholm said there could be a number of reasons Calagrians are picking up the phone more but he believes the anonymity it provides remains the number 1 factor.

"The Crime Stoppers program is laudable as a result of our citizens who proactively 'un-mute' themselves in the three ways to anonymously submit crime tips," Crime Stoppers president Roger Monette added.

Tips received this year resulted in approximately $14 million of drugs being seized, compared to $2 million in the same period last year.

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Calgary woman charged after bank robbery
A Calgary woman was arrested Saturday in relation to a September bank robbery at a Scotiabank in Saddletowne Circle NE, police said. Jillian Leblanc, 25, has been charged with one count of bank robbery. METRO CALGARY

CalgaryObituaries.com notes the following deaths in our community:

ALLAN, Carr
AUSTIN, Joyce Marcella
BARBERO, Irene Francesca
BENNING, Lucille
BISCHOFF, Alexander
BOYD, David (Dave)
CHEKALUCK, Maureen Wilson (nee Millar)
COOKE, Donald Harry
CORBETT, Joanella Marie (Joanie) nee McInnis
DEEP, Sonia Gladys
DELAY, Dorothy Berenice
DERGOUSOFF, Shannon Dorlene (nee Vanjoff)
DUNN, Margaret (nee Davison)
EDWARDS, John Oliver
ELFORD, Linnea Ann (nee Silsby)
FULLERTON, Irma Bernice
JAQUES, William MacLean (Mac)
JONES, Harold Dale
KAWALAUSKAS, Victor
MARSH, Helen Margaret
McCOY, Brian James
McCREARY, Floyd Leland
McGAVIN, Lucie Erica
MIEDEMA, Oene (Owen)
ODAGAKI, Torao (Bunk)
OWEN, Iris May (nee Pepper)
PINK, John Douglas
PIPER, Wayne Morris
RICE, James Patrick
SCOTT, Reginald (Bruce)
UMBACH, Irene
WAKEFORD, Candice
WILSON, Jim
ZARNOWSKI, Henry Michael (Henryk Mieczyslaw)

For more information, photos and full obituaries, please go to www.calgaryobituaries.com

Calgarian gets Drafted

Phung gunning for sportscasting spot on The Score

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Many Canadian sports fans dream about getting drafted into the big leagues, but this Calgarian is dreaming about getting drafted as a sportscaster.

Andrew Phung, a 25-year-old native Calgarian, is one of five finalists in the Gillette Drafted contest jockeying for a one-year position as a sportscaster on The Score.

"For me, this is a dream of mixing my talent and passion for sports. I'm very excited at the prospect of becoming Canada's next sportscaster," Phung said yesterday from Toronto, where he is currently competing.

Phung is the only competitor from Western Canada, but credits his four competitors with being very unique and good at what they do.

"They are all really good in their own ways and they make me become a better competitor. As much as I want to win, as long as I come out a better person, this was all worth it."

Even though sport is one of Phung's biggest passions in life, he is torn between that and his other passion, working in the non-profit industry with Child and Youth Friendly Calgary.

"I love doing both. This has really posed some questions to me on what I should pursue, but I'm just taking it one day at a time right now," Phung added.

Phung and his fellow competitors are currently filming the competition in Toronto, and episodes can be seen on The Score daily.

"As much as I want to win, as long as I come out a better person, this was all worth it."
Andrew Phung

Andrew Phung, 25, of Calgary, is one of five finalists vying for the job of sportscaster for a year with The Score sports network.
SUBMITTED PHOTO

Charges laid after car search yields 150 pounds of magic mushrooms

DRUGS Two men from Calgary are facing drug charges after an RCMP traffic stop west of Lake Louise last Thursday resulted in the recovery of 150 pounds of magic mushrooms.

A Chevy Silverado truck was stopped for equipment violation and a drug-detection dog assisted in making the discovery.

Shawn Lutz, 27, of Calgary and Scott Gowing, 31, of Calgary are facing drug-related charges.

METRO CALGARY

Woman missing from retirement home located

SEARCH A woman who went missing from the Spruce Lodge in Bridgeland last Wednesday has since been located.

Gloria Connolly, 74, was found at a church on 49 Street SW on Thursday and has been returned to Spruce Lodge.

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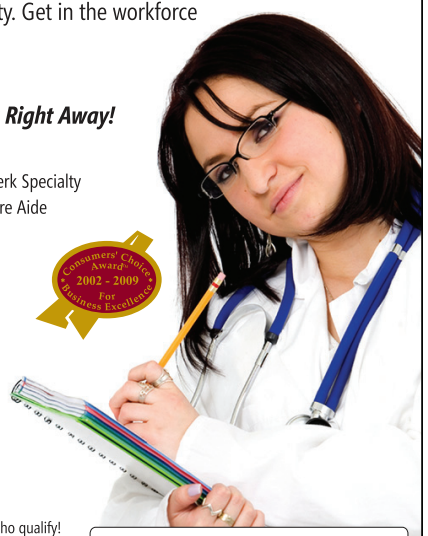

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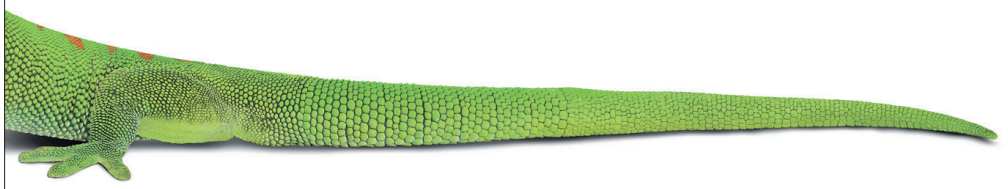

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Canada

Blind Algerian granted residency

Abdelkader Belaouni, left, a blind Algerian man who was made to feel like a "loser" when he was rejected from Canada because he had no family or job, says he's a "winner" and he'll prove it now that he's been allowed to stay in the country. That moment of triumph came after he spent almost four years holed up in a Catholic church. THE CANADIAN PRESS

News in brief

WHISTLEBLOWERS The Harper government is refusing to pay the legal bills of a federal official whose warnings of possible torture in Afghan jails sparked a political storm, The Canadian Press has learned. The Foreign Affairs Department gave preliminary approval to Richard Colvin's request to use an independent lawyer in September.

WHITE-COLLAR CRIME The Conservative government is moving to end automatic early parole for non-violent offenders in a move aimed at financial fraudsters following a spate of highly publicized scams. With allegations of Ponzi schemes grabbing headlines in several provinces, the government wants to toughen rules that allow non-violent offenders to apply for early parole after serving just one-sixth of their sentence, following a first conviction.

THE CANADIAN PRESS

Parliament **Flash mob**

SEAN KILPATRICK/THE CANADIAN PRESS

A protester is dragged out of Parliament after disrupting question period in the House of Commons on Parliament Hill in Ottawa yesterday. The protest was part of a Climate Flash Mob, which included upwards of 200 youth fighting for climate action.

Additive-free vaccine on way to Canada

Ottawa importing shots for pregnant women

Canada is importing adjuvant-free H1N1 vaccine from Australia for pregnant women, hoping to be able to offer that product sooner than if it waits for unadjuvanted vaccine from Canada to make it through the licensing process.

Health Minister Leona Aglukkaq announced yesterday she signed an interim order that will allow 200,000 doses of adjuvant-free vaccine from CSL Ltd. to be used in this country.

The CSL vaccine should be available starting next week, said Dr. David Butler-Jones, head of the Public Health Agency of Canada.

Adjuvant

• Most of Canada's 50.4 million doses of H1N1 vaccine will contain an adjuvant, an additive that boosts the immune system's response to the vaccine. That vaccine, made at Ste-Foy, Que., by GlaxoSmithKline, was approved by Health Canada last week.

"We have heard the concerns about pregnant women having to wait for an unadjuvanted vaccine and we have been working very hard on providing it earlier, given they have always been considered a priority group," Aglukkaq said at a news conference in Ottawa.

CSL doesn't have a licence to sell flu vaccine in Canada but the product is licensed in Australia and the United States.

Pregnant women are at higher risk from this virus in particular.

THE CANADIAN PRESS

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Ontario's kindergarten plan won't be fully ready until 2015
Ontario Premier Dalton McGuinty will announce today that it will take Ontario five years to phase in a plan to offer all-day kindergarten for all four- and five-year-olds. Some 35,000 kids will be offered full-day learning next September, but the program will be fully implemented across the province by 2015, a source said. THE CANADIAN PRESS

Cellphone ban begins for Ontario drivers

LAW To hear the Ontario government tell it, the driver of the future would no sooner pick up a cellphone while behind the wheel than travel down the highway without a seatbelt on.

That was the expectation laid out yesterday as the province joined the growing ranks of Canadian jurisdictions banning the use of hand-held devices while driving.

"There was some early resistance to seatbelts and to other legislation and rules of the road. They are now common practice," Transportation Minister Jim Bradley said as he launched an education campaign to get drivers on board.

"That's what we want to see happen with this legislation."

Millions of motorists in the country's most populous province are now banned from using any hand-held electronic devices to text, e-mail or talk while driving, unless it's a 911 call or the driver has safely pulled off the road.

Provinces
- Ontario is the fourth province to enact a hand-held electronic devices ban, following Newfoundland and Labrador, Quebec and Nova Scotia.

They're also forbidden from using portable video games, music players or DVD players while chugging along. Global positioning systems are allowed, as long as they're properly secured to the dashboard.

Starting Feb. 1, Ontario drivers could face fines of up to $500 if they're caught violating the new rules.

According to the 2006 Ontario Road Safety annual report, there were 77 fatalities among the 33,551 accidents due to "inattentive" drivers, which included talking on a cellphone while driving.

Manitoba's cellphone ban is expected to be proclaimed into law next year, British Columbia has introduced similar legislation and Saskatchewan has promised a bill this fall. B.C.'s proposed legislation would prohibit new drivers in the province's graduated licensing program from using hands-free phones, but experienced drivers can use them. THE CANADIAN PRESS

Mafia not getting money: Minister

Canada's public safety minister says there's no evidence of federal stimulus money going to the Mob amid sensational reports from Quebec of Mafia-related collusion in the construction industry.

The comments from Peter Van Loan come amid allegations that construction companies work together to drive up the cost of public-works projects, threaten companies that don't participate, and give commissions to the Mafia.

The construction scandal has rocked Quebec, but organized-crime experts say it's a common practice wherever the Italian Mafia operates.

U.S. Mafia eyeing cash
- Concerns have also been raised in U.S. news reports about the Italian Mafia clamouring to get their hands on a piece of American stimulus cash.

The reports come with Ottawa and the provinces showering billions on construction projects in the biggest infrastructure spending spree in Canadian history.

But Van Loan says there's been no indication of federal infrastructure money being sucked up in such a scheme.

"I am unaware of any concerns like that raised in any particular infrastructure cases," Van Loan said yesterday.

THE CANADIAN PRESS

Girl too young to sail around the world?
A 14-year-old Dutch girl who hopes to become the youngest sailor to circumnavigate the globe solo said yesterday she will wait until the school year ends before starting her attempt. Laura Dekker is awaiting a Dutch court's decision on whether she can go ahead with her voyage or whether it would be too risky for a girl her age. THE ASSOCIATED PRESS

World

Rain could stall rocket launch today

NASA's new rocket for its back-to-the-moon program is on the launch pad, all set for a test flight today. But rain and clouds could interfere. Forecasters said yesterday there is a 60 per cent chance bad weather will stall the launch. The Ares I-X, left, will fly for just two minutes. The first-stage booster will parachute into the Atlantic and be recovered. The tall, skinny rocket is outfitted with some 700 sensors. It's a $445 US million test. NASA hopes to launch an Ares rocket into orbit with astronauts in 2015. THE ASSOCIATED PRESS

Pilots say they were on laptops

MINNESOTA Two Northwest Airlines pilots told U.S. federal investigators they were going over scheduling using their laptop computers — a violation of company policy — while their plane overflew their Minneapolis destination by about 240 kilometres. The U.S. National Transportation Safety Board said in a statement yesterday that the pilots said they were not fatigued and didn't fall asleep, as many aviation safety experts have said was likely. Air traffic controllers tried for more than an hour to contact the Minneapolis-bound flight, which later turned around and landed safely. THE ASSOCIATED PRESS

Karadzic skips first day of trial

NETHERLANDS Former Bosnian Serb leader Radovan Karadzic boycotted the first day of his war crimes trial yesterday in The Hague, claiming he did not have enough time to prepare his defence — even though he was indicted in 1995 and had known he would be tried since being captured in Belgrade over 15 months ago. The tactic forced a one-day delay in the trial and demonstrated that the former psychiatrist was ready for a tumultuous battle of wills with the UN war crimes tribunal. Judges adjourned the hearing but declared that the trial will begin today "with or without" Karadzic, who is charged with two counts of genocide and nine more of war crimes and crimes against humanity. THE ASSOCIATED PRESS

Castro's sister reveals in book she spied for CIA

One of Fidel Castro's sisters says in a memoir released yesterday that she collaborated with the CIA against her brother, starting shortly after the United States' failed Bay of Pigs invasion of Cuba in 1961.

Juanita Castro, 76, initially supported her brother's 1959 overthrow of the Batista dictatorship but quickly grew disillusioned. In a Spanish-language memoir published by Santillana USA and co-written by journalist Maria Antonieta Collins, she says the wife of the Brazilian ambassador to Cuba persuaded her to meet a CIA officer during a trip to Mexico in 1961.

Castro said in the book, My Brothers Fidel and Raul. The Secret Story, that she travelled to Mexico City under the pretense of visiting her younger sister Enma. There she also secretly met a CIA officer who identified himself as "Enrique."

Juanita Castro

Castro said that during the hotel meeting, she expressed her concerns that those who supported Batista's overthrow but were not communists were being pushed out of the new government. Castro writes she agreed to help the CIA gather information but refused to accept money for her efforts and said she wanted no part in any violence.

"Enrique," whom Castro says she later learned was a CIA officer in Cuba named Tony Sforza, then asked her to smuggle messages, documents and money back into the country hidden in canned goods.

Castro said she remained on the island while her mother was alive. Her mother died in 1963 and she fled Cuba the following year, eventually settling into a quiet life in Miami.

Fidel, she wrote, was not initially a hard-line communist like their brother Raul and fellow revolutionary Ernesto "Che" Guevara, but that he turned to communism to maintain power. THE ASSOCIATED PRESS

Saudi king waives flogging sentence

RIYADH Saudi Arabia's king waived a flogging sentence on a female journalist charged for involvement in a risque TV show, the second such pardoning of such a high profile case by the monarch in recent years.

King Abdullah's decision to waive 22-year-old journalist Rozanna al-Yami's sentence of 60 lashes by a judge in Jiddah follows intense international media attention.

The journalist was charged with helping coordinate a talk show on a Lebanese channel featuring a Saudi man describing what appeared to be his active sex life. Though the charges against her were dropped, the judge ordered the flogging as a "deterrent" al-Yami said.

Al-Yami worked as a coordinator for the program but has denied involvement in the sex-related episode.

In the episode, a divorced Saudi father of four, Mazen Abdul-Jawad, appears to describe an active sex life and shows sex toys that were blurred by the station in the footage shown on TV. THE ASSOCIATED PRESS

History

- In November 2007, the king waived a flogging sentence of 90 lashes against a rape victim for being alone in a car with an unrelated man shortly before the two were attacked.

Polygamy trial begins

TEXAS Jury selection began yesterday in the first criminal trial stemming from the raid of a polygamist sect's ranch last year.

Raymond Jessop, 38, is charged with sexual assault of a child, stemming from his alleged marriage to an underage girl.

The girl, according to church documents seized by authorities, gave birth at age 16 at the Yearning For Zion Ranch. If convicted, Jessop faces 20 years in prison.

He is also charged with bigamy, but that charge is to be tried separately. Prosecutors allege Jessop has nine wives, including three that were married to a brother before the brother was excommunicated by Warren Jeffs, the jailed leader of the Fundamentalist Church of Jesus Christ of Latter Day Saints.

The FLDS, which believes polygamy brings glorification in heaven, is a breakaway sect not recognized by the mainstream Mormon church. THE ASSOCIATED PRESS

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Germany **Murder trial underway**

MATTIAS RIETSCHEL/THE ASSOCIATED PRESS

Defendant Alex W., right, is brought into court in Dresden. The trial of the man accused of stabbing a pregnant Egyptian woman to death in a German courtroom, an attack that outraged Muslims, opened yesterday. Marwa al-Sherbini, 31, was giving evidence in July against a man charged with defamation for having called her a "terrorist" and "Islamist" when he attacked her. The young woman died after being stabbed 18 times.

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Company aims for another Titanic expedition

The company that has exclusive rights to salvage the Titanic wants to make another expedition to the world's most famous shipwreck in 2010. RMS Titanic Inc.'s expedition would be the first by the salvor since 2004, though two other expeditions have been to the site since then, including one by Titanic film director James Cameron. THE ASSOCIATED PRESS

DEA agents among dead in Afghan crashes

A U.S. military helicopter crashed yesterday while returning from the scene of a firefight with suspected Taliban drug traffickers in western Afghanistan, killing 10 Americans including three DEA agents in a not-so-noticed war within a war.

Four more troops were killed when two helicopters collided over southern Afghanistan, making it the deadliest day for U.S. forces in this country in more than four years.

U.S. military officials insisted neither crash was believed a result of hostile fire, although the Taliban claimed they shot down a U.S. helicopter in the western province of Badghis. The U.S. did not say where in western Afghanistan its helicopter went down, and no other aircraft were reported missing.

It was the heaviest single-day loss of life since June 28, 2005, when 19 U.S. troops died, including 16 on an MH-47 Chinook helicopter that was shot down by insurgents.

The casualties marked the Drug Enforcement Administration's first deaths since it began operations here in 2005. Afghanistan is the world's largest producer of opium — the raw ingredient in heroin — and the illicit drug trade is a major source of funding for insurgent groups.

The U.S. has decided to target production and distribution networks after programs to destroy poppy fields did little except turn farmers against the American-led NATO mission. The crash came less than a week after a UN report found that the drug trade is enabling the Taliban to make more money now than when they ruled Afghanistan before the 2001 invasion.

Elsewhere yesterday, Nangarhar province Gov. Gul Agha Sherzai survived an assassination attempt after a gunman fired automatic weapons at his convoy in Jalalabad.

THE ASSOCIATED PRESS

Obama won't rush decision

- U.S. President Barack Obama pledged yesterday not to "rush the solemn decision" to send more troops to battle in Afghanistan as he weighs military options on what to do next in the troubled war.

Chamber files suit over climate hoax

WASHINGTON The U.S. Chamber of Commerce filed a civil complaint yesterday against members of the liberal activist group Yes Men who staged a news conference to announce falsely that the three million-member business federation had reversed its position and favoured costly climate change legislation.

As part of its hoax on Oct. 19, Yes Men announced at the National Press Club that the chamber would stop advertising against the U.S. Senate's 800-page climate bill. Reuters moved a story based on the false press release, and both CNBC and Fox Business Network reported it, with the anchors correcting themselves mid-story upon learning it was false. THE ASSOCIATED PRESS

Earth still warming, not cooling

CLIMATE CHANGE An analysis of global temperatures by independent statisticians shows the Earth is still warming and not cooling as some global warming skeptics are claiming.

The analysis was conducted at the request of The Associated Press.

Talk of a cooling trend has been spreading on the Internet, fuelled by some news reports, a new book, and temperatures that have been cooler in a few recent years.

The statisticians, reviewing two sets of temperature data, found no trend of falling temperatures over time.

U.S. government data show that the decade that ends in December will be the warmest in 130 years of record-keeping and 2005 was the hottest year recorded.

THE ASSOCIATED PRESS

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PEOPLE POWERED

U.S. kids watch a lot of TV: Study
The Nielsen Co. says in a study released yesterday that American children ages two to five watch more than 32 hours of television each week. Kids six to 11 spend a little less time in front of a TV screen — more than 28 hours. THE ASSOCIATED PRESS

Parents look to end chemo case

The parents of a southern Minnesota teenager who once fled the state to avoid chemotherapy went before a judge yesterday and asked for the court's role in the case to end, saying they are following the advice of doctors and making sure their son gets the best medical care.

Daniel Hauser, 13, is undergoing radiation treatments for childhood Hodgkin's lymphoma. He finished chemotherapy in early September, and his father said there is no sign of cancer.

"In all reality, he's been in remission for quite some time already," Anthony Hauser said in a telephone interview yesterday. "I hope he stays in remission — that's No. 1. And hopefully we can live our lives normally again."

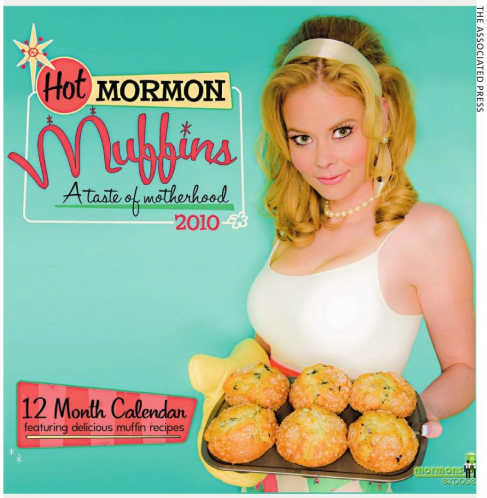
During a hearing in Brown County District Court, Judge John Rodenberg said that as long as no new issues arise, he would close the case after Daniel completes his 12 recommended sessions of radiation — which are expected to end Nov. 6, according to Joseph Rymanowski, an attorney for the parents.

"It's time to let these people be. They've been through enough," said Rymanowski, who was at yesterday's hearing.

Daniel was diagnosed with childhood Hodgkin's lymphoma in January and stopped chemotherapy after one round because it made him sick. He said it was poison, and his family opted instead for alternative treatments inspired by American Indian traditions.

THE ASSOCIATED PRESS

Calendar Mormon Muffins



THE ASSOCIATED PRESS

This image released by CMH Entertainment shows the front cover of the Hot Mormon Muffins: A Taste of Motherhood calendar, which features 12 mothers who claim membership in the Church of Jesus Christ of Latter-day Saints in vintage pinup picture poses. Each month also has a muffin recipe.

U.S. man says his Brazilian husband was denied asylum

CLAIM A gay Brazilian man has been denied asylum by the Obama administration and won't be reunited with his American husband in the U.S., the husband said yesterday.

Tim Coco said Attorney General Eric Holder did not act on a Friday deadline in the case of Genesio (Junior) Oliveira, effectively denying the 30-year-old Brazilian man's request for asylum in the U.S. on humanitarian grounds.

"We needed the attorney general to make a decision on whether Junior could come home," said 48-year-old Coco. "He didn't take this request seriously."

The Justice Department did not immediately return messages.

In 2002, Oliveira had sought asylum in the U.S. because he said he was raped as a teenager in Brazil. But an immigration judge denied his request.

THE ASSOCIATED PRESS

Not recognized

- Under American law, immigrants can apply for residency if they marry U.S. citizens. But the U.S. government does not recognize gay marriages.

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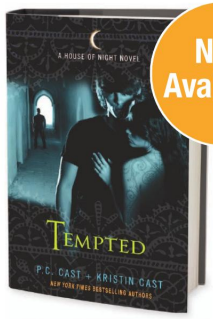

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Comment

How babes ran 24 Sussex

NationalReport
Lawrence Martin
metronews.ca/nationalreport

Pierre Elliott Trudeau used to complain, as most leaders do, about journalists trying to pry into his personal life. It's none of our business, he'd say. And most of us agreed, shied away and gave him a break, as we did with John F. Kennedy.

But when you read the new Trudeau bio, Just Watch Me: The Life Of Pierre Elliott Trudeau 1968-2000 by John English, you understand why there are those who say we ought to stretch our noses.

The book's big breaking story, in a nutshell, is How the Babes Ran 24 Sussex. There's Margaret and Margot and Barbra and Kim and Gale and Liona — and I'll stop there.

The book might well have been called "Just Watch Them." They impacted PET's election timing, his grand strategies, his moods, his decision-making. In 1977, the Liberals had a big lead in the polls and we in the fourth estate wondered why the PM didn't push ahead with a campaign. Now we find out. The story was: Maggie Puts Kibosh On Campaign. She stressed Pierre out so much that it cracked his vaunted mental discipline. He couldn't focus enough to run an election. He waited until 1979 and lost to Joe Clark.

This isn't sensational.

Pierre Elliott Trudeau

Many observers have said Trudeau was Canada's Kennedy. This books adds another point of comparison. Each leader was unremittingly flirtatious and each leader got a great break from the reticent media.

Are wives and romances fair game for the fourth estate. Judging from this book they should be. The power behind the throne can't be ignored. Just recently we saw how Laureen Harper masterminded her Stephen's variety show coup — the piano and song act at the Ottawa gala. There was no attempt to hide that news.

But nothing can quite match the work of Aline Chrétien. While her little guy was fast asleep one night, she awoke in time to find an intruder at the bedroom door, knife in hand. She may well have saved his life. Just another example of gal power.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

Views

eHealth technology requires precautions

InStep
Christine Williams

Proponents of eHealth argue that if other regions of the world have made significant strides in eHealth technology, what's wrong with Canada? Caving in to what everyone else is doing is an injudicious argument. Although we cannot be left out of the globalization loop, we need to proceed with caution.

While an eHealth record system will improve time efficiency, wait times, and patient safety (by lowering the risk of drug interactions), scrutiny and diligence are necessary as we move forward. There are big bucks to be made by individuals and enterprises, aggressively driving this venture, yet we must learn from the eHealth debacle in Ontario where more than $1 billion was wasted through lack of oversight, broken rules and decadent consultant contracts.

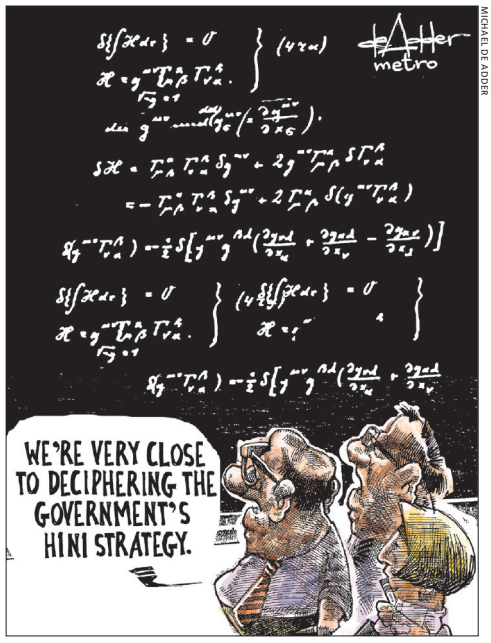
Health Canada has added $500 million to the $2 billion given to the Canada Health Infoway to revolutionize Canada's health records. While this sounds great, it is estimated that Canadians will have to pay at least $23 billion in capital and operating costs over the next decade. Although touted as an economic stimulus to create jobs, according to a Canadian Business Online report, most of this money will be stuffed into the coffers of U.S. multinational corporations, providing the sophisticated eHealth record software. Given tough economic times and our strained health-care system, many argue that money will be better spent for drugs, senior care and additional health-care staff, at least until we come up with an efficient plan of eHealth implementation.

Another consideration: Privacy assurances. Who could forget the 11,500 patient files that were skimmed by a hacker from the AHS Edmonton network in May. No one really knows how far information went, nor the potential long-term effects of such a privacy violation to the patients involved.

A major report released in Britain by Joseph Rowntree Reform Trust has actually called for the NHS patient database to be scrapped altogether, citing flawed data — which can be hazardous in emergency situations — and breaches in European data protection and rights laws. The report suggested sensitive data should be stored locally rather than in national systems to minimize risk. Other countries are facing similar anomalies with patient databases. We need to learn from this.

The progress of eHealth in Canada must not be driven by greed or a need to keep up with global counterparts, but instead by patient interests, health-care efficiencies and long-term costs. For this to happen effectively, caution and public scrutiny are our first lines of defence.

Christine Williams is the producer and host of the live current affairs daily talk show On the Line at CTS TV in Burlington, Ont.



MICHAEL DE ADDER

Letters

Brit impressed with Calgary's transit system

I'm a Brit who moved here six weeks ago and wanted to say I'm very impressed with Calgary's transit system.

The bus drivers are extremely polite and helpful, the routes are really great — I have little trouble zooming about the city while being able to read, do my classwork, sleep, etc.

The transit map is amazing and Calgary Transit, though there's a bit of a wait to get through to it, does send timetables when requested.

Why don't more people use public transit and reduce pollution?

ALEX COLE, CALGARY

Bending wrists not the proper way to do the bump

Re: Go viral with anti-viral bump: Doc (Oct. 22)

What a horrific depiction of "the bump!" Why can't people just do it correctly?

Imagine thrusting a fist into the air in victory (or perhaps defiance) — would you bend your wrist? Of course not because that would look stupid.

Ditto for the bent-wrist bump. I imagine the pinkie-up high-five is next on the list of cool things that people ruined!

MORGAN LYFFE, CALGARY

Worth mentioning

Flu shot or travel? You choose

A newspaper ad promoting the H1N1 flu shot instructs Ottawa Citizen readers to consult a government website in order to find the nearest location for the free inoculation.

Problem was, the website address in the ad directed readers to a discount travel and shopping Internet site.

For the "most current information about H1N1 flu and the clinics near you" readers are told to: visitontario.ca/flu. But this link is for www.payless.ca — a website that features discount travel deals and sells computers, flat panel TVs and appliances.

TORSTAR NEWS SERVICE

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Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

Quebec moving to shield pensions of ex-Nortel employees
The Quebec government said yesterday that it will move to try and safeguard the remaining pension assets of 3,750 Nortel employees in the province if their pensions are terminated while the company is under bankruptcy protection. THE CANADIAN PRESS

Business

DOLLAR	GAS	OIL	TSX
US 93.72¢	US $4.51	US $78.68	11,234.88
US 1.35¢	US 27.4¢	US 1.82¢	147.25

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Business in brief

AIRLINE Air Canada president Calin Rovinescu says the airline should gain new revenue after Continental Airlines joins the Star Alliance traffic-sharing program today. The new partnership will add 77 new destinations for Air Canada customers and provide the airline with more money.

INTERNET Rogers is teaming up with Michael Eisner, a former chairman of Walt Disney Co. who is setting up a new web video studio. Rogers will have the exclusive Canadian rights to future projects from the new company, called Vuguru.

NEWSPAPERS The decline in U.S. newspaper circulation is accelerating as the industry struggles with defections to the Internet and tumbling ad revenue. Figures released by the Audit Bureau of Circulations show that average daily circulation dropped 10.6 per cent in the April-Sept. period from the same span in 2008. METRO NEWS SERVICES

Carney talks tough

Global leaders are determined to fundamentally reform the world's financial systems despite the disappointing push-back coming from some bankers, Bank of Canada governor Mark Carney said yesterday.

"The leaders have decided about the big initiatives and we will put them in place," he told a conference in Montreal.

Despite the complexities of the issues being addressed, the world's central bankers, regulators and finance ministers are determined to institute the reforms agreed upon by world leaders, Carney said.

Carney said he and other bank governors are disappointed by some of the actions taken by global bankers, including large bonuses being paid by some before financial systems have solidified. "Is it a good idea to pay big bonuses when at the same time there is a shortage of capital?" Canada's top central banker said. "Maybe regulators will decide."

It's the latest tough talk from Carney, who said last week that the Bank of Canada would use the tools at its disposal — including intervention in the currency market, if necessary — to keep inflation within the target range. THE CANADIAN PRESS

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Merchants fear high fees for new debit cards

INTERAC Canada's debit card market is in turmoil as payment processors begin "aggressively marketing" new Visa and MasterCard debit cards to retailers, a leading merchant organization says.

The retailers fear the credit card companies' entry into Canada's $168-billion debit market will mean higher fees for them.

Canada's debit market is currently dominated by Interac, a low-cost, non-profit member-owned association. TORSTAR NEWS SERVICES

China Unexpected growth

EUGENE HOSHIKO/THE ASSOCIATED PRESS

A man walks under an advertisement in Shanghai, China. Chinese Vice-Premier Li Keqiang said yesterday the country's recovery is stronger than expected but Beijing will continue its looser lending policies to support growth.

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Money the deal breaker

Not long ago the deal breaker in a relationship was infidelity. In fact, when Nevada's 1950s quickie divorce law came into being the only recognized grounds for a marital split were infidelity and extreme cruelty.

Today breaking up legally is easy, no reason required. But increasingly the cause for relationship founder is financial discord.

If you find that hard to believe take a gander at the just released results of a couples and money survey commissioned by Credit Canada and Capital One. Here are some of the high … err… lowlights:

- More than a third of couples commit to a relationship without having an open discussion about money.
- 86 per cent of couples admit to fighting about money — small wonder when you consider the above point.
- The bickering isn't occasional either; more than a third disagree about money regularly.

Women and men aren't just battling over spending, they have radical differences in their approach to most things financial. For example:

- Nearly half of those in relationships don't believe they have the same philosophy about financial issues as their partners.
- Men's worst money fear is not being able to retire.
- Women's worst money fear is not being able to pay for their kids' education.

And here's where you see the rot setting in:

- Nearly one third of women and 27 per cent of men lie to their partner about how much they spend.
- The partner who is not in control of money management is 55 per cent more likely to hide debt from their significant other.
- In 40 per cent of relationships troubled by money, one or the other person believes their spouse will not talk openly about financial issues.

If you're interested in how well you and your mate suit each other on the money front, try out Credit Canada's compatibility test, crediteducation weekcanada.com.

You have to do it together, so let this be the first step in ending the relationship financial divide.

"Today breaking up legally is easy, no reason required. But increasingly the cause for relationship founder is financial discord."

Alison's Money Rule:

- Ever wonder if you'd make a good match? Don't look to the stars for an answer; instead check out your financial compatibility.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

Limits of tax-free savings accounts

MoneyMatters

Henry Choo Chong

metronews.ca/moneymatters

Q I am a resident and citizen of Canada. I have four grandchildren who live in the U.S. Can I open Tax Free Saving Accounts for them and can it hold U.S. stocks? — Eleanor

A To open a TFSA, you must be at least 18 years old, a resident of Canada and a have a valid social insurance number. Your grandchildren are out of luck.

Investments can include foreign content holdings that contain many eligible U.S. stocks. However, unlike a RRSP, contributions are not tax deductible.

On Oct. 16, the federal government closed some TFSA loopholes, including:

- Value in Swap transactions: Asset transfers between registered or non-registered accounts to a TFSA will now incur tax.
- Intentional overcontributions: Income from "intentional overcontributions" will be taxed at 100 per cent. Overcontributions in error, should be immediately rectified to reduce penalties by CRA.
- Income from investment in non-qualifying and prohibited investments: Income earned from non-qualifying investments will be taxed at 100 per cent.

Henry Choo Chong, CGA, can be reached at choochonghcga@yahoo.ca.

On the web

Investing: Allan Small discusses the weak dollar and good earnings as driving the market higher, as well as using the strong dollar to buy U.S. equities. Visit metronews.ca/investing.

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Car Insurance Roadblock

Consumers concerned insurers don't want drivers with tickets or accidents

Worried Your Spotted Driving Record Means You've Got Nowhere To Turn For Car Insurance?

Don't be. While it's true that, all things being equal, your tickets and accidents make you a more expensive risk to insure than a similar car and driver with a clean driving record, that doesn't mean you should have trouble finding insurance – assuming you know where to look. Different insurance companies target different types of business and this is reflected in things like their claims service, marketing efforts, discounts, and most importantly for you, their rates.

Should I Just Accept That I'll Have To Pay A Bundle?

No. Sadly, this is a mistake many drivers make and it can be a costly one, especially if they don't bother to shop around for the lowest rate available. The key to finding the best rate, especially if you have tickets or accidents on your driving record, is to figure out which insurance company of the more than 20 in Alberta has the best rate for your particular situation. And with rates varying so wildly across companies, chances are you are not with the company that has the lowest rate for your profile right now.

Don't Be Fooled By Others Offering "Comparative Quotes".

Most websites offering "comparative insurance quotes" are owned by or affiliated with insurance brokers or agents and are therefore only capable of quoting rates from the limited number of insurance companies they represent, typically no more than 4 or 5. By contrast, InsuranceHotline.com does not sell insurance, is not a licensed broker or agent, and is not owned in whole or in part by an insurance company, agent or brokerage. This allows InsuranceHotline.com to be completely unbiased when providing insurance quotes and keeps its focus solely on finding the lowest insurance rates for consumers – by getting you quotes from more than 20 insurance companies, and not just 4 or 5.

Start Saving Your Money Now.

InsuranceHotline.com puts you in the driver seat by making insurance companies compete for your business. With quotes from over 20 of the top insurance companies, InsuranceHotline.com is the simplest and easiest way to make sure you aren't overpaying for your car insurance – and it's completely FREE to use. So what are you waiting for?

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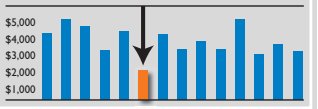

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Weekend Rap
To stay up-to-date throughout the season with the Toronto Raptors in particular and the National Basketball Association in general, visit John Chick's Weekend Rap at **metronews.ca/weekendrap**

NBA Preview

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Revamped Raptors

Only three players remain from last season after Colangelo's overhaul

Chris Bosh, Jose Calderon and Andrea Bargnani pose with menacing glares in an ad campaign for the upcoming Toronto Raptors season, the only three familiar faces from this time last year.

But the picture could get fuzzy over the coming months as Bosh heads into a season of uncertainty and the Raptors may be seeing the last of their team captain and poster boy.

Opener
- The revamped Raptors open the season at home to Lebron James and his Cleveland Cavaliers tomorrow.

The six-year veteran appears poised to join an illustrious free agent group this coming off-season that could include LeBron James and Dwyane Wade.

Questions about the fate of the Raptors' franchise player are sure to swirl around the team as it tries to bounce back from a dismal 2008-09 season — and just how well it can do that will go a long way in determining what jersey Bosh will be wearing come this time next year.

LUCAS OLENIUK/TORSTAR NEWS SERVICE

Toronto Raptors president and CEO Bryan Colangelo sits in his office at the Air Canada Centre in downtown Toronto. After a disappointing 2008-09 season, Colangelo overhauled the team.

"The team failed miserably last year," said Raptors GM Bryan Colangelo. "There was no one more embarrassed than me."

The Raptors missed the playoffs, and as soon as they trudged off the court following their final game Colangelo got to work. He signed head coach Jay Triano to a contract extension — the Canadian was named interim coach after Sam Mitchell was fired in December, but had been able to do little more than to try to plug the dam.

He toughened up the team by trading Jason Kapono for bruiser Reggie Evans, acquired all-star and all-around player Hedo Turkoglu, who's known for poise under pressure when the clock's winding down, and selected swingman DeMar DeRozan — whose dunking ability has already drawn comparisons to Vince Carter — with the No. 9 pick in the draft.

By the time training camp opened only Bosh, Calderon and Bargnani remained from the previous year's camp roster.

"(Triano) and I talk all the time about how if we were going to walk into last year's gym and pick three guys and let's change everything, it would be the three guys that we've chosen," Colangelo said.

THE CANADIAN PRESS

Canuck ballers go for quality over quantity

PERRY LEFKO
for Metro Canada

For a game that was invented by James Naismith, basketball is not exactly overflowing with Canadians when it comes to the National Basketball Association, though there is some interesting talent, including one in the head coaching ranks.

Steve Nash has been Canada's NBA poster boy in recent years. The South African-born, Victoria-raised point guard is entering his 14th season in the NBA and has already cultivated a career that will one day make him a sure-fire hall of famer. Twice he has been voted the NBA's Most Valuable Player and he is a six-time all-star. The only aspect of his career that is missing is an NBA championship.

While Nash has been battling a bad back in recent seasons, he still plays major minutes in games and is arguably the best pure passer in the game. Last year, he set a personal-best record in free-throw percentage making .933 of his attempts.

One of Nash's former national team head coaches is Jay Triano, who this year will commence his first full season in the NBA after an abbreviated season last year with the Toronto Raptors. Triano has been with the organization since 2002 when he was hired as an assistant coach and made history in the process as the first Canadian hired in that position. Last year, he became the first Canadian head coach in NBA history when he filled in temporarily for Sam Mitchell, who took a leave of absence because of the death of his father-in-law. The Raptors later fired Mitchell and made Triano the interim head coach, but after the season the team removed the interim tag and signed him to a long-term deal.

Steve Nash

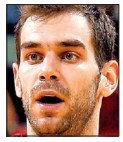
The NBA has some other interesting Canadian angles. Toronto-born centre Jamaal Magloire is entering his 11th season in the NBA and with his eighth team, the Miami Heat, which signed him last season.

The Heat have another Canadian product in Montreal native Joel Anthony, a forward who is entering his third NBA season. While largely a backup, Anthony started in 28 of the 65 games he played and doubled his minutes from his rookie season. Anthony has played for Canada's national team.

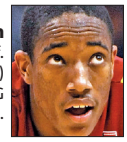
The other Canadian in the NBA is Samuel Dalembert, a brawny centre with the Philadelphia 76ers. The Haiti-born, Montreal-raised player is entering his eighth season in the NBA, his entire career played in Philadelphia. He has proven his durability, playing every game the last three seasons and averaging about nine rebounds per game.

2009-10 Toronto Raptors

Projected starting five



Jose Calderon
FROM Villanueva de la Serena, Spain
LAST SEASON .497 field goal %, .406 three point %, 8.9 assists per game, 12.8 points per game
TRIVIA Helped Spain win 2006 FIBA Worlds.



DeMar DeRozan
FROM Compton, Calif.
LAST SEASON (University of Southern California) .523 FG%, 5.7 rebounds per game, 13.9 PPG
TRIVIA Was able to dunk by sixth grade.

Hedo Turkoglu
FROM Istanbul, Turkey
LAST SEASON (Orlando Magic) 5.3 RPG, 4.9 APG, 16.8 PPG
TRIVIA NBA signing was a national event in Turkey

Chris Bosh
FROM Dallas, Texas
LAST SEASON .487 FG%, 10.0 RPG, 22.7 PPG
TRIVIA In 2003-04, set franchise record for most rebounds in a rookie season with 557.

Andrea Bargnani
FROM Rome, Italy
LAST SEASON .409 3Pt%, 5.3 RPG, 15.4 PPG
TRIVIA Joined Andrew Bogut (Australia) and Yao Ming (China) as the only international No. 1 picks

5 teams to watch during the 2009-10 season

Portland Trail Blazers — The Trail Blazers were everyone's darlings a year ago and they responded with a drive to the playoffs. Now the real work begins as they try to join the elite teams in the West and they won't be able to sneak up on anyone.

Washington Wizards — The hits just keep on coming for the Wizards, who get oft-injured Gilbert Arenas back, but will start the season with Antawn Jamison on the shelf. They added depth with Randy Foye and Mike Miller for new coach Flip Saunders.

Memphis Grizzlies — Watch 'em if you're the type that likes a train wreck because the possibility exists. Toss shot-happy Zach Randolph and Allen Iverson into a mix that includes O.J. Mayo and Rudy Gay and this could get ugly fast.

Oklahoma City Thunder — Are the Thunder this year's Trail Blazers? Kevin Durant is a unique talent, with plenty of good young teammates around him like Jeff Green and a good young coach in Scott Brooks. This could be the up-and-coming team to watch this season.

Miami Heat — With all the changes of teams in the East, the Heat were strangely silent, not giving Dwyane Wade any real help. Michael Beasley has had off-the-court issues, Jermaine O'Neal could very well get injured and Miami could be in for a long year.

TORSTAR NEWS SERVICE

Soccer boss denies delay caused violence

French football league president Frederic Thiriez has denied that postponing Marseille's match against Paris Saint-Germain at late notice after swine flu concerns arose was the catalyst for widespread violence erupting in Marseille's city centre. THE ASSOCIATED PRESS

Sports

AC Milan confident of Beckham's return

David Beckham's return to AC Milan on loan from the Los Angeles Galaxy in January is nearly "100 per cent" certain, the Serie A club's CEO Adriano Galliani said yesterday. Beckham, left, has long been linked with a second loan spell at Milan after performing well in a six-month stay with the team last season. Beckham, who wants to return to Europe to maintain his place in England's 2010 World Cup squad, has helped the Galaxy reach the eight-team MLS playoffs for the first time in four years. THE ASSOCIATED PRESS

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

NHL future looking bright: Experts

As HDTV becomes readily available, more U.S. viewers tuning into hockey

High-definition television images are luring more American eyeballs to professional hockey and invigorating the NHL's prospects in the U.S., say leading sports industry experts.

"HDTV will have a greater impact on hockey than any other sport," says Matthew Pace, a lawyer with prominent sports law firm Herrick, Feinstein in New York. "You can follow the puck much easier (on HDTV broadcasts). The action is clearer. I think the television future of the NHL is bright."

The holy grail of professional sports — routine access to 115 million American television households — has long eluded the NHL despite efforts dating back to the now infamous glowing blue puck of the 1990s.

While the NHL has built a national U.S. footprint that includes hockey-tepid cities across the sunbelt, major U.S. broadcast deals still haven't come.

TORSTAR NEWS SERVICE FILE PHOTO

Fox's infamous glowing puck got a quick failing grade.

And without the billions of dollars in revenues that come with a major TV deal, the league is left to contend with financial basket cases. But there is hope as hockey viewership this season is up another 16 per cent from the same point last season.

"We see that as HD gets more prevalent and more people get it hooked up ... our growth in hockey has been amazing," says Marc Fein, executive vice-president of programming with Versus. TORSTAR NEWS SERVICE

Owner agrees to sell Coyotes back to NHL

HOCKEY Phoenix Coyotes owner Jerry Moyes has agreed to sell the bankrupt franchise to the NHL.

The agreement, which still must be approved by Judge Redfield T. Baum, was announced in U.S. Bankruptcy Court yesterday after lawyers met for more than an hour during a recess in a status hearing on the case.

Former coach Wayne Gretzky, who has a $22.5-million claim in the case, has not agreed to the deal.

Moyes' lawyer says the decision to make a deal came largely because the costs of running the team in bankruptcy were coming out of the league's $140-million offer.

NHL deputy commissioner Bill Daly says once the deal closes, the league will immediately look to sell the team, preferably to an owner who will keep the club in Arizona. THE CANADIAN PRESS

NFL Eagle flies high

WIN MCNAMEE/GETTY IMAGES

Philadelphia's Will Witherspoon celebrates his touchdown after intercepting a pass from Washington's Jason Campbell last night as the Eagles visited the Redskins. For a complete game recap, visit metronews.ca/sports

Melnyk steps up for Olympic skiers

VANCOUVER 2010 Games

OLYMPICS Facing a shortfall that might have impaired Canada's alpine skiers from their goal to own the podium at the Winter Olympics, Alpine Canada has come up with a raffle that should put them over the top.

The sport's governing body wants to sell 3,000 memberships, at $100 each, to give it the financing it needs for more training, enough staff and coaches in the run-up to the Winter Games.

"The strategy of winning stays the same whether you have money or not," said men's downhiller Jan Hudec of Calgary. "This allows us to implement the idea, plan for our training."

Eugene Melnyk

Ottawa Senators owner Eugene Melnyk bought the first 300 memberships — because he wanted to be involved.

"We're all so happy watching our athletes win up there ... Then you say 'What can I do to make sure we win?'" said Melnyk. TORSTAR NEWS SERVICE

Sports in brief

NHL Roman Hamrlik scored in overtime to give Montreal a 3-2 win over the New York Islanders. The win pushed the Habs into 8th in the East. For a recap of yesterday's NHL games visit www.metronews.ca/sports THE CANADIAN PRESS

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EDITOR: JENNIFER.PRITTIE@METRONEWS.CA

Supersize me

Forget adding a bit of oomph — these days, U.K. women are opting for massive implants

ELISABETH BRAW
Metro World News

Emma Lindley decided she was tired of her small breasts. So last year, she got implants — but not discreet ones. Lindley chose to go from an A cup to a D cup.

"I didn't feel feminine in most clothes, particularly bikinis and dresses," says Lindley, a 26-year-old Londoner. "And because of my small breasts, I lacked confidence, which affected everyday life. I felt underdeveloped and like a boy."

Lindley is part of a larger trend. "Women used to come to us asking for implants that kept their natural look," says Dr. Nilesh Sojitra, a plastic surgeon at London-based clinic Mybreast, where Lindley had her surgery.

"Now more and more women want very large implants. They've heard that a DD or E cup is good, so that's what they ask us for."

According to Cloverleaf Medical, a leading British distributor of breast implants, sales of its largest implants have increased by 20 per cent over the past five years.

Aesthetics are by no means the only factor to consider when deciding upon implant size. In a discussion of breast implant surgery on its website, plasticsurgery.ca, the Canadian Society of Plastic Surgeons notes that "in general, the larger the implant, the greater the risk of complications."

Breast implants are also becoming more popular across the board: Last year, the number of such surgeries in the U.K. increased by 30 per cent from 2007.

"All women want a fuller look nowadays," explains Dr. Douglas McGeorge, a plastic surgeon and former President of the British Association of Aesthetic Plastic Surgeons. "Especially women in their late teens or early 20s, who haven't fully developed their breast tissue, now ask for implants."

When Sojitra asks his patients to try on an E cup bra, some change their minds. "But many choose very large implants, whether they look natural or not," he notes.

British women are now choosing to get much larger implants.

"Women used to come to us asking for implants that kept their natural look. Now more and more women want very large implants."
Dr. Nilesh Sojitra

Treatments to help tone and tighten

NEW PROCEDURES Here's a celebrity secret: Now you can get the effects of doing 200 sit-ups without the, um, sit-ups. And lose inches while relaxing.

Two new spa treatments combine to tone your stomach and peel inches off your whole body. One is the Universal Contour Wrap, in which the body is wrapped with 25-30 warm, clay-dipped elasticized bandages to exfoliate and cleanse the skin. And the other is the Eurowave, which uses electrical muscle stimulation (EMS) to flex deep core muscles, simulating physical exercise. The combination is apparently popular among celebrities who are already working out and eating well but want extra toning and tightening.

One Eurowave treatment costs about $75, while 10 treatments are $499. Distributors say that while you will notice results after one treatment, it takes 10 to go down a size. One Universal Contour treatment costs $200 (and takes off six inches, say promoters), and three cost about $550. The Eurowave and Contour Wrap are available at select spas across Canada.

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Liposuction: A last resort

One woman's account of going under the knife (and the tube)

PERSONAL HISTORY Many of us could name something we don't especially like about our bodies. But how far would you go to change it?

One Halifax woman, 29, who requested anonymity, found herself asking that same question when after all else failed she still wasn't happy with what she saw in the mirror.

The woman had liposuction done on her hips and thighs in Aug. 2006 at The Landings Surgical Centre in Halifax, Nova Scotia, one of Atlantic Canada's only private plastic surgery centres.

"I'm not a huge person," she says, "but I've always had a big butt and thighs."

She says that even though she was in great physical shape, and had been using diet and exercise to try and shrink her target area, the fat wouldn't budge. She had a hard time finding clothes that fit properly, because of her small torso and larger bottom.

After shunning bathing suits and shorts since childhood, she began looking into liposuction as a last resort. At the time, she says, the surgery seemed like a big deal.

She took a week's vacation from work for the procedure and recovery time.

She had bruising from her hips to her feet, and had to wear a support garment for six weeks to address the swelling, which in some cases can last up to a year.

But three years later, she says it's almost like it never happened. "Nobody knows about the surgery, but nobody asked," she says. "It seemed like a big deal to me, but to others it just looked like I lost some weight."

Before her surgery, the staff at The Landings explained to her the importance of keeping a healthy lifestyle not only before the surgery, but after as well. "They said if I were to gain any weight, dents in the flesh would show up where the surgery had removed the fat."

Dr. Richard Bendor-Samuel, her plastic surgeon at the landings says it's important to be healthy and active if you're considering liposuction, and stresses it's not a weight-loss surgery.

"Overweight patients who undergo liposuction tend to regain any weight or fat that is lost at the time of surgery unless they alter their eating habits," he says.

"Having said that, the results are excellent in patients who have isolated fatty deposits."

Today, the liposuction patient says she has two tiny scars, and lost four pants sizes and 15 pounds. If she had to do it over again, would she have the surgery? "In a heartbeat," she says.

ISTOCKPHOTO.COM

A surgeon cuts uses a scalpel during a liposuction procedure.

"Nobody knows about the surgery, but nobody asked. It seemed like a big deal to me, but to others it just looked like I lost some weight."
A Halifax-based liposuction patient

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Things that go crunch in the night ...

Ghoulish Goodies: Creature Feature Cupcakes, Monster Eyeballs, Bat Wings, Funny Bones, Witches' Knuckles, and Much More!, by Sharon Bowers, is a colourful selection of frightful foods that will delight children and the young-at-heart alike. THE CANADIAN PRESS

Food

Pumpkins aren't just an icon of Halloween. They also are a sign of healthy eats. Like carrots, pumpkins are loaded with the antioxidant beta-carotene, potassium and fibre. Plus, with only 49 calories per 250 ml (1 cup) cooked, this tasty squash is a great fit for a healthy diet.

THE ASSOCIATED PRESS

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Cheesy, chicken party bites

Marinated Mozzarella Cubes

MAKES 12 SERVINGS

INGREDIENTS:

- 1 lb (500 g) mozzarella cheese, cut into 1-in. (2.5 cm) cubes
- 1 jar (7 oz/207 ml) roasted red peppers, drained and cut into bite-size pieces
- 6 fresh thyme sprigs
- 2 garlic cloves, minced
- 1 1/4 cups (300 ml) olive oil
- 2 tbsp (25 ml) minced fresh rosemary
- 2 tsp (10 ml) Italian seasoning
- 1/4 tsp (1 ml) crushed red pepper flakes
- Bread or crackers

METHOD:

1. In 1-qt (1 L) jar with tight-fitting lid, layer one-third of cheese, peppers, thyme and garlic. Repeat layers twice.
2. In small bowl, combine oil, rosemary, Italian seasoning and pepper flakes; mix well. Pour into jar; seal and turn upside down.
3. Refrigerate overnight, turning several times. Serve with bread or crackers.

Marinated Mozzarella Cubes

Chicken Kiev

SERVES 6

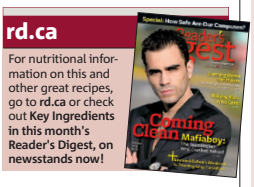
INGREDIENTS:

- 1/4 cup (50 ml) butter, softened
- 1 tbsp (15 ml) minced chives
- 1 garlic clove, minced
- 6 boneless skinless chicken breast halves
- 3/4 cup (175 ml) crushed cornflakes
- 2 tbsp (25 ml) minced fresh parsley
- 1/2 tsp (2 ml) paprika
- 1/3 cup (75 ml) buttermilk

METHOD:

1. In small bowl, combine butter, chives and garlic. Shape into 3-in. x 2-in. (7.5 cm x 5 cm) rectangle. Cover and freeze until firm, 30 minutes.
2. Flatten chicken breasts to 1/4-in. (0.5 cm) thickness. Cut butter mixture crosswise into six; place one piece in centre of each chicken breast. Fold long sides over butter; fold ends up and secure with toothpick.
3. In shallow dish, combine cornflakes, parsley and paprika. Place buttermilk in another shallow dish. Dip chicken into buttermilk, then coat evenly with cornflake mixture.
4. Place chicken seam side down in greased baking pan. Bake, uncovered, at 425°F (220°C) 35-40 minutes or until no longer pink. Remove toothpicks before serving. Serve over rice.

Chicken Kiev



This Halloween, cupcakes will bite back

If you're looking for easy, no-recipe-needed Halloween treats, these creeped-out cupcakes are an eerily good choice.

Both ideas are from Matthew Mead's Monster Book of Halloween, which is jammed with numerous ghastly treats and decorations.

Vampire Cupcakes

Bake up a batch of your favourite cupcake recipe or prepare a boxed mix according to package directions. Alternatively, most bakeries (even those in grocers) will sell unfrosted cupcakes if asked in case you want to do only the fun part — the decorating.

Once the cupcakes have cooled, frost them with white cake frosting.

Use black gel icing (the sort sold in tubes in the baking aisle) to draw a bat on top of each cupcake. If you need help with this, a template can be downloaded from Mead's website at tinyurl.com/yeboobr. Cut out the template and use it as a stencil.

Use a toothpick to make 2 holes (bite marks) near each bat, then drizzle red gel icing into each.

Get Slimed Cupcakes

Prepare 2 packages of Jell-O Gelatin (any variety, though green and yellow are good) according to the package's directions for Jigglers (2 packages plus 500 ml/2 cups boiling water). Divide the liquid among 6 flexible silicone baking cups.

Divide remaining liquid among 6 round-bottomed teacups (this creates a domed top for each cupcake), filling each about 2 cm (1/2 inch). Refrigerate everything for 4 hours or until set.

To remove gelatin from cups, set base of each in a bowl of warm water for about 10 seconds. Overturn cups and gently pry out cupcakes and dome tops.

Invert a dome onto each cupcake, then decorate with gummy worms.

LARRY CROWE/THE ASSOCIATED PRESS

Vampire Cupcakes

THE ASSOCIATED PRESS

LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

Braaains...

Age is only a number when it comes to celebrating All Hallows' Eve. Of course nowadays I'm less about the candy and more about a liquid treat and Oct. 31 is the perfect day for a Bloody Mary or two.

A few years ago I made a pilgrimage to Harry's New York Bar in Paris — the place where vodka first met tomato juice back in 1921 — to learn more about the classic cocktail. The secret is the spirit. Harry's bartender prefers **Russia's Stolichnaya Vodka ($23.58 - $26.48)** because of its rustic texture. Since it's almost Halloween, I think **Crystal Head Vodka ($51.00 - $74.95)** from Newfoundland would be more appropriate.

Conceived in the mind of Ghostbuster Dan Aykroyd; it shows off a sophisticated, lightly sweet flavour that just happens to come wrapped in one spooky skull-shaped bottle.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

Braeden is back
Weeks after announcing his departure from The Young and the Restless, Eric Braeden is back and — as he puts it — "ready to kick ass" as Victor Newman. Contract negotiations between Braeden and the show broke down this fall. TVGUIDE.COM

Entertainment

Financial loss
50 Cent has lost "a few million" in the current recession. The rapper said his financial endeavours — particularly buying and selling diamonds — have taken a hit.
FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

Python looks back

Filmmakers present an exhaustive portrait of comedy troupe

AMBER RAY
Metro World News

Monty Python: Almost the Truth (the Lawyer's Cut), the six-part retrospective celebrating 40 years of silly walks and odes to lumberjacks by the irreverent British comedy troupe, is at times reverential and revelatory, celebratory and silly.

But the one thing filmmakers Bill Jones (son of Python Terry Jones) and Ben Tillman definitely did not want their documentary to be is — as Jones puts it — "a—kissing."

"The main thing we wanted to do was make sure we weren't sucking up to them too much," Jones adds.

"So we stick it in them a couple times."

"We wanted to be irreverent in a sense like they are," Tillman completes the thought.

The pair have known each other since the age of 4, and in 1998 formed the film company Bill and Ben Productions, working on films about the Sex Pistols and the Clash, among others.

"We open the film with taking a p— (at the Pythons)," Tillman continues, "and then ..."

"Well it's also a bit easier to do that when they're a bit rude about each other as well," Jones chimes in. "They don't really care."

"We wanted to be irreverent in a sense like they are."
Ben Tillman

"But mostly the piece is the entire history of the Pythons told chronologically," Tillman finishes. "This is ultimately what we set out to create."

And, ultimately, it may very well be the definitive Monty Python documentary.

Having spent so much time documenting the Monty Python crew, we asked the filmmakers what they believe is the group's most important mark on comedy.

"For me, the most important thing they've done is to give people the freedom to do whatever comedy they think is funny," Jones says.

"They've given people an opportunity to create a new kind of funny," Tillman adds.

Almost the truth

- Monty Python: Almost the Truth (the Lawyer's Cut) is now avaialble on DVD.

JASON KEMPIN/GETTY IMAGES

Actors Eric Idle, Terry Jones, Terry Gilliam and Michael Palin attend the IFC & BAFTA Monty Python 40th Anniversary event at the Ziegfeld Theatre in New York City.

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ThisIsIt-Movie.ca
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REGULAR ENGAGEMENT STARTS TOMORROW

Perry "insulted" by Lee

Tyler Perry, appearing on 60 Minutes, said he was "insulted" by Spike Lee's criticisms of Perry's hit TV shows and movies. Lee recently called Perry characters such as Madea examples of "coonery" and "buffoonery." METRO NEWS SERVICES

Teen film wins audience award

MOVIES A Montreal film about an eccentric teen who believes he's the reincarnation of Russian revolutionary Leon Trotsky has won the audience prize at a Japanese festival.

The Trotsky, starring Jay Baruchel, garnered the most votes from viewers at the Tokyo International Film Festival. Writer-director Jacob Tierney and producer Kevin Tierney were on hand to receive a $10,000 prize and a trophy.

The festival's website quotes Tierney as saying he was "very moved and very humbled" by the honour.

Quebec director wins Zagreb prize

MOVIES The breakout movie from a rising Quebec director has been awarded Best Feature Film at the 7th Zagreb Film Festival.

I Killed my Mother, (J'ai tue ma mere), is the latest accolade for 20-year-old Xavier Dolan, who wrote, directed and stars in the semi-autobiographical film that drew raves at Cannes earlier this year.

Governor General Michaelle Jean, who is in Croatia for a state visit, attended the festival's closing ceremonies on Saturday.

THE CANADIAN PRESS

Halloween essentials

Holiday serves up spooky film, TV options

PHIL BROWN
for Metro Canada

With Halloween only a few days away, everyone is suddenly in the mood to enjoy some good old fashioned morbid entertainment.

Last week the latest Saw movie debuted and next week Donnie Darko director Richard Kelly will provide us with some Twilight Zone inspired chills with The Box. But if you don't feel like venturing out to the multiplex for an annual dose of horror, there are still plenty of ways to excite your eyeballs with Halloween entertainment at home. Everyone has their favourite Christmas movie or TV special, but Halloween has just as many film and television classics. To make your holiday viewing schedule a little easier, we've compiled a list of the essential Halloween classics.

Halloween: John Carpenter's 1979 horror classic has become a Halloween favourite for a reason. Not only does the movie take its title and setting from the holiday, but it's also the movie that launched the slasher genre that dominated horror for years (this may or may not be a good thing). A subtle horror movie that relies more on suspense and dread than goopy gore, Halloween has lost none of it's ability to give audiences sleepless nights in the thre decades since it's original release.

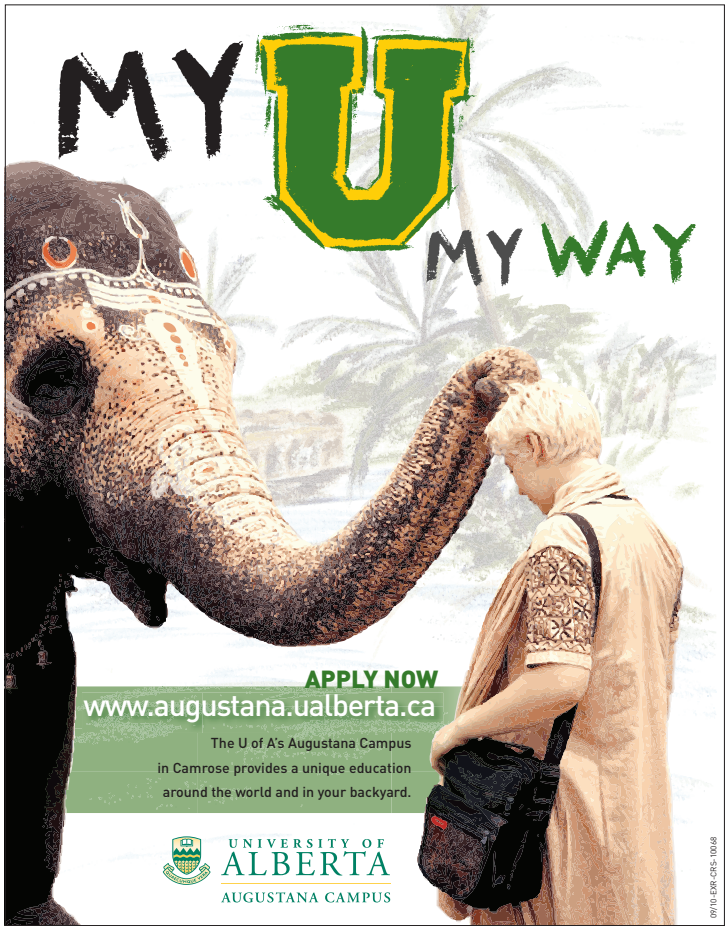
The Simpsons Treehouse Of Horror: For 20 years (yep, you're officially old) The Simpsons have been providing horror/comedy for Halloween with what is typically their best episode of the season. What better way could there be to celebrate the holiday than by watching Homer threaten the world's favourite animated family with an axe in an homage to The Shining or seeing a creepy merchant handing out possessed Krusty dolls with delicious bowls of frogurt? This Halloween tradition might be the most missed aspect of The Simpsons when the show finally ends its groundbreaking run.

It's The Great Pumpkin, Charlie Brown: Before The Simpsons claimed supremacy over animated TV holiday specials, there was Charlie Brown. Charles Schulz's beloved awkward youngster and his group of charmingly childish friends set out on a night of trick or treating and a search for the mysterious Halloween monster "the great pumpkin" in this TV classic. It might not be scary and it's definitely not as beloved as the Peanuts Christmas special, but this is vital viewing for anyone craving nostalgia.

Trick R' Treat: Released only a few weeks ago, it might seem like jumping the gun to call Trick R' Treat a holiday classic, but one viewing of Michael Dougherty's directorial debut should be all you need to add it to your annual Halloween viewing list. This anthology horror movie set on Halloween combines liberal doses of comedy and horror for pure giddy holiday entertainment. The combined tales of an evil principal, mysterious partygoers, a Halloween prank gone wrong, and a murderous little trick or treater are sure to be October slumber party staples for years to come.

The Nightmare Before Christmas: Tim Burton's stop motion classic might just be the perfect movie to watch on Halloween. After all, when you go out on Nov. 1 the stores will already be stocking the shelves for Christmas. Watch this movie and you can knock two holiday viewings off at once and go back to your regularly scheduled programming. Perfect Halloween viewing for the lazy or attention span impaired.

Milhouse and Lisa head toward the pumpkin patch where the grand — instead of the great pumpkin — might appear in the annual Simpsons Treehouse of Horror episode.



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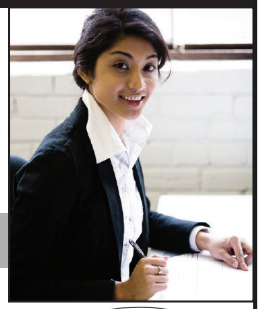

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Cocktail on Broadway
Tom Cruise's '80s classic Cocktail is set to get the Broadway treatment, as Heywood Gould, who wrote the original script, is working on a musical adaptation. METRO WORLD NEWS

DVD picks

Ice Age: Dawn of the Dinosaurs
Director: Carlos Saldanha and Mike Thurmeier

THIS THIRD TRIP to the Ice Age cooler is a Jurassic Lark. It should delight families with its amusing new dino buddies, even as it risks terrifying tots with its marauding Tyrannosaurus rex.

It's arguably the best to date in the franchise, directed once again by Carlos Saldanha, who also helmed second chapter Ice Age: The Meltdown.

Family values turn to tribal trauma after woolly mammoths Manny (voiced by Ray Romano) and Ellie (Queen Latifah) announce to their prehistoric pack that they're expecting a bouncing bundle of fur.

Sabre-toothed tiger Diego (Denis Leary) takes this as his cue to go solo (no way is he babysitting), while nutso sloth Sid (John Leguizamo) has the opposite reaction, regretting his childlessness.

Both find immediate relief as Diego splits while Sid sits upon three dino eggs he happens upon. The eggs prove to be a real handful, especially when they hatch into three boisterous biters.

Trouble really ensues when the mother dinosaur comes looking for her brood, leading the Ice Age crew into an underground world that time forgot — and which palaeontologists must forgive.

The expanded family dynamics extend to Scrat (Chris Wedge), the acorn-chasing squirrel whose slapstick antics also enlivened the first two Ice Age movies. He now has both a love interest and a competitor in female squirrel Scratté (Karen Disher), their frolics goofily set to a Lou Rawls tune.

The DVDs come in regular and dino-sized packages, and include all manner of games, featurettes, deleted scenes and commentaries.

Orphan
Director: Jaume Collet-Serra

FAMILY VALUES are also put to the test in this surprisingly effective summer shocker, which plays off the age-old fear of inviting horror into your home.

The marriage of John and Kate Coleman (Peter Sarsgaard and Vera Farmiga) is on the rocks after the third pregnancy for Kate, a problem drinker, ends in tragedy. The couple already have daughter Max (Aryana Engineer) and son Daniel (Jimmy Bennett), but they really want a third child.

They decide to try again, but this time going the adoption route.

They welcome home Esther (Isabelle Fuhrman), a nine-year-old Russian with intense eyes. Max takes to her immediately, but Daniel is wary — and with good reason. Esther swears a lot and knows way more about sex than she should.

The suspense builds well, aided by strong performances by Sarsgaard and Farmiga, who improve every movie they're in. Orphan redeems the horror career of director Jaume Collet-Serra, who previously helmed the simply awful Paris Hilton vehicle, House of Wax.

Extras include additional scenes and an alternate ending.

Peter Howell/for Metro Canada

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Jon blasts Kate for court no-show

DIVORCE BATTLE Reality TV personality Jon Gosselin says he has put $230,000 back into a joint account he shares with estranged wife Kate as the couple continues their bitter divorce battle. Gosselin criticized his wife for not appearing at a court hearing yesterday. He says she still has not explained how she spent $33,000 in joint funds. THE ASSOCIATED PRESS

Kenya's Style
Kenya Hunt
Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit:
metronews.ca/movies

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CA	Vu	SC		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
10/27/09 primetime	267	351	- ACCESS	Alberta Primetime (Live)		Wife Swap		So You Think You Can Dance (HDTV)				Primetime
	243	317	3 CFCN	etalk	Hollywood	Law & Order: SVU		CSI: NY "Boo"		Dancing With the Stars		CTV News
	-	-	4 OMNI	The Office	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	Two/Half Men	Metropia
	-	371	5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Great Pumpkin, Charlie Brown		Dancing With the Stars		the forgotten
	245	306	6 CBRT	Wheel-Fortune	Jeopardy! (N)	Rick Mercer	22 Minutes (N)	Being Erica (N) (DVS)		CBC News: The National		The Hour
	244	338	7 CICT	ET Canada	Entertainment	The Good Wife (HDTV)		NCIS "Deliverance"		NCIS: Los Angeles		News Hour
	246	-	8 CKAL	Law & Order: SVU		The Jay Leno Show (N)		The Biggest Loser (N)				Your City
	119	705	9 CBXFT	Virginie (SC)	La Facture	Providence (N) (SC)		Aveux (HDTV) (N) (SC)		Le Téléjournal Nouvelles. (SC)		TJ Alberta
	-	-	10 SHAW	(6) Local Programming						Local Programming		
	-	372	12 KREM	News	Hollywood	The Doctors		NCIS "Deliverance"		NCIS: Los Angeles		The Good Wife
	-	374	14 KSPS	NewsHour With Jim Lehrer		Nova (HDTV) (DVS)		Richard Bangs' Adventures		Frontline (N) (DVS)		Independent
	502	390	15 CBC	CBC News: The National		CBC News: the fifth estate		CBC News: The National		CBC News: The National		fifth estate
	-	370	16 KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	The Biggest Loser (N)				Jay Leno Show
	-	373	22 KAYU	The Office	Raymond	Two/Half Men	Two/Half Men	So You Think You Can Dance (HDTV) (N)				News
	297	652	37 WPIX	Melrose Place (HDTV)		PIX News at Ten Tong.		Two/Half Men	Friends	Friends	According-Jim	Family Guy
news	500	500	29 CNN	Larry King Live (N)		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508	502	31 CNN2	The Joy Behar Show		Nancy Grace		Showbiz Tonight		The Joy Behar Show		Nancy Grace
sports	400	400	21 TSN	NHL Hockey	SportsCentre		That's Hockey!	SportsCentre	Off the Record	World Poker Tour		Motoring 2009
	408	418	27 net	Oilers Conn	NHL Hockey Colorado Avalanche at Edmonton Oilers. (HDTV) (Live)					Sportsnet Connected		Oilers in Hour
	410	403	30 SCORE	Poker-Million	Court Cuts	NBA-Preview	NBA Basketball Los Angeles Clippers at Los Angeles Lakers. (Live)					Score Now
	411	457	44 OLN	Survivorman		Ghost Hunters		Dog the Bounty Hunter		Survivorman		Ghost Hunters
	417	406	48 SPEED	Super Bikes!	Super Bikes!	Jacked!	Jacked!	Pimp My Ride	Pass Time	Monster Jam (HDTV)		Super Bikes!
family	552	543	20 YTV	iCarly	Garfield	OddParents	Prank Patrol	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	557	541	39 FAM	Han. Montana	Wizards-Place	Sonny Chance	Zack & Cody	Overruled! (N)	Han. Montana	Wizards-Place	Latest Buzz	Ned's School
	555	545	67 TOON	Scooby-Doo on Zombie Island (1998)			Scooby-Doo and the Cyber Chase (2001)			Futurama	King of the Hill	American Dad
cable variety	575	583	11 CMT	According-Jim	According-Jim	Home Improve.	Home Improve.	Wilsons	Wilsons	Reba	Reba	According-Jim
	553	546	17 TREE	Little Bear	Maggie-Beast	Babar	Zigby	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	505	398	19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568	23 W	House-Sell	Style by Jury	Old Christine	Friends	Friends	Grocery Bag	Style by Jury	Style by Jury	Good Naked
	521	560	24 TLC	18 Kids-Count	18 Kids-Count	Little Couple	Little Couple	Cake Boss	Cake Boss	18 Kids-Count	18 Kids-Count	Little Couple
	603	561	25 FOOD	The F Word (N)		Good Eats	Good Eats	Iron Chef America		Unwrapped	Unwrapped	The F Word
	615	520	26 A&E	Parking Wars	Parking Wars	Parking Wars	Parking Wars	Parking Wars	Parking Wars	(10:01) The First 48		Parking Wars
	617	522	32 SHOW	Trailer Park	Trailer Park	The Outer Limits		Wide Awake (2007, Drama) Missy Peregrym.				Bones
	601	562	33 SLICE	Wedding SOS	Wedding SOS	Bulging Brides	Bulging Brides	ET Canada	What Happen?	Biggest Loser Australia		Beauty, Geek
	-	633	34 ENC2	(7:05) The Guilty ★★ (1999, Suspense) Bill Pullman.				Child's Play 2 ★★ (1990, Horror)			(10:25) Bride of Chucky ★	
	520	505	35 DISC	Destroyed	Destroyed	Time Warp "Blades and Volts"		Daily Planet		Destroyed	Destroyed	Time Warp
	620	523	36 BRAVO	A Tribute to the King of Rock & Roll				Law & Order "Exchange"		Without a Trace		Not One Less
	294	650	40 WPCH	Law & Order: SVU		Final Destination 3 ★★ (2006, Horror), Ryan Merriman				Final Destination 3 ★★ (2006, Horror)		
	626	547	41 COM	Just for Laughs		Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Jeff Dunham
	-	539	42 TCM	(6) Poltergeist (1982)		The Power ★★ (1968, Science Fiction) George Hamilton.				The Haunting ★★★ (1963, Horror)		
	628	584	43 SPIKE	Ways to Die	Ways to Die	Scream 2009 (HDTV) (N)				Scream 2009 (HDTV)		
	522	516	45 HIST	Ultimate Engineering		Ancient Discoveries		Cities of the Underworld		Cities of the Underworld		Engineering
	627	528	46 SPACE	The Hitcher ★ (2007, Suspense) Sean Bean.				InnerSpace (N)	Stargate SG-1		Star Trek: Next Gener.	
	-	-	47 AMC	Halloween 4: Michael Myers		Halloween 5: The Revenge of Michael Myers ★★ (1989)				Buffy the Vampire Slayer (1992, Comedy)		
	619	525	49 TROP	Prod. Parker	Prod. Parker	'70s Show	'70s Show	The Outer Limits		ET Canada	Switch	Family Guy
	600	564	50 HGTV	Pure Design	Genevieve	House Hunters	House Hunters	Holmes on Homes		HGTV's Top 10	Design Inc.	Pure Design
	501	391	52 CTV	CTV News Tonight		CTV News	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News
	504	508	70 BNN	Squeeze Play		Business News	Commodities	Market Call Tonight		Headline	Commodities	Squeeze Play
	526	507	92 VIVA	The Closer "Next of Kin"		Da Vinci's Inquest		Psychic Inv.	Encounters	Judging Amy		Missing
	269	350	93 APTN	Fish Out of	Mixed Blessing	Cashing In	Rabbit Fall	First Nation	Moose TV	Rez Rides	Moccasin Flats	Short Cuts (N)
	-	-	94 MCP	World News	News	Sewing Maid	Boys Over Flo	Il Caffe		In Germany	Euromaxx	Schauplatz
	571	581	100 MMM	Wild 'n Out	Wild 'n Out	High School Reunion		The Daily Fix		Wild 'n Out	Wild 'n Out	H.S. Reunion
	570	580	101 MM	Starmaker		MuchNews	My Date With...	One Tree Hill		Starmaker		MuchNews
	581	566	102 MTV	The City	The Hills	The Hills	After	MTV Live	Sex, News-Roll	The City	The City	The Hills
	-	-	116 TV5	(6) Pékin express		Avenirs	Hors série	TV5 Le Journal	Panique dans l'oreillette			

critics' corner

It's the Great Pumpkin, Charlie Brown
Some 43 years after its first airing, this animated gem remains one of the best, as young Linus patiently sits in his "sincere" pumpkin patch waiting for the Santa-like Great Pumpkin to reward him with Halloween largesse. Arguably second only to "A Charlie Brown Christmas" among the many "Peanuts" specials in terms of memorable moments. 9 PM on KXLY

Being Erica
Wait, isn't being able to keep a secret a good thing? That's what they told us when we were kids. But when Erica is caught in the middle after being told multiple secrets by multiple people, she realizes that keeping her mouth shut isn't always the best policy in the new episode "Shhh ... Don't Tell." 9 PM on CBRT

NCIS
Don't get yourself wrapped up in an inner-city gang war when you're investigating the death of a Marine. But that's just what the members of the NCIS team do. Making matters worse, Gibbs must face down demons from his past when he finds a cryptic message waiting for him at the crime scene. 9 PM on CICT KREM

MJ's kids in therapy: Sister

Four months after the death of their father Michael Jackson, his kids Paris, 11, Prince 12, and Blanket, 7, have turned to therapy to cope with their grief, Michael's sister LaToya Jackson tells London's Mirror newspaper, people.com reports. METRO NEWS SERVICES

Celebrity Buzz

Celebrity tweets

Gene Simmons has to work at fitting into his spandex trousers, Josh Groban is fine with other celebrities leaving Twitter, Kirstie Alley isn't interested in nice guys, and Diablo Cody finds her beauty regimen exhausting:

• @genesimmons
...cutting down on sweets...god help me, I love cookies...

• @joshgroban
I am waiting this quitting Twitter thing out until I'm the only one left. Mine I say!! Alll miiiine!! Mwa ha

• @kirstiealley
I don't want a man who "listens" and is "calm" grrrr...I want a man who is on fire and is wild and funny and is BRAVE..I love BRAVE men @diablocody

I feel like my entire life is just a losing battle with my eyebrows.

Madge plans to meet Mercy's dad in Malawi

FACE TO FACE During her trip to Malawi to establish a $15 million school, Madonna plans to meet three-year-old adopted daughter Mercy's father, usmagazine.com reports.

A source close to the pop star, 51, tells usmagazine.com that she will meet 24-year-old James Kambewa — who currently works odd jobs including serving as a night guard — for the first time during her humanitarian trip to the African nation.

"Madonna wants to meet Mr. Kambewa because she does not want to deny Mercy her background," a source tells Us. "Madonna wants to assure Mr. Kambewa that Mercy will not be delinked from her roots."

Still, another family member of Mercy's isn't happy with the pop star's plan. Mercy's uncle, Peter Baneti, tells Us that her family in Malawi doesn't approve of the meeting because Kambewa has only claimed paternity of Mercy after news of the adoption first emerged in April.

"We do not recognize Kambewa as Mercy's father," Baneti says. "He just came out of the woodwork to claim paternity while he was not there when my sister was pregnant."

METRO NEWS SERVICES

Ivanka ties knot with paper owner

WEDDING BELLS Jewelry designer and entrepreneur Ivanka Trump is a married woman, usmagazine.com reports.

The 27-year-old daughter of Donald Trump swapped vows with New York Observer owner Jared Kushner Sunday in New Jersey, the website has confirmed.

The afternoon nuptials took place on the grounds of the Trump National Golf Club in Bedminster, New Jersey. Ivanka wore a Vera Wang wedding gown, inspired by Grace Kelly.

"She was the most stunning bride," a rep for Ivanka tells Us. Despite a short engagement, Ivanka says the plan for her special day quickly fell into place — thanks to a wedding planner who kept her on task.

METRO NEWS SERVICES

Joe Jackson great dad: Sharpton

ALL YOU NEED IS TOUGH LOVE Al Sharpton singled out Joe Jackson as an outstanding parent. Jackson, who has weathered accusations of abuse from his children, especially his late son Michael Jackson, was recognized with an award by Sharpton's National Action Network over the weekend. "The arrogance of (people) attacking a man for being a stern father," Sharpton said.

METRO WORLD NEWS

True Blood co-stars find true love

ROMANCING THE SAND When Stephen Moyer proposed marriage to his True Blood co-star Anna Paquin, he looked to his onscreen character, Bill Compton, for a little inspiration, people.com reports. "There's a song Bill listens to in the car about a white sandy beach," Moyer says. "So we decided to go away for a break — to a white sandy beach — and that's where it happened."

Moyer, 39, and Paquin, 27, managed to keep their offscreen romance a secret on the set until an awkward love scene forced the actor to do the honourable thing.

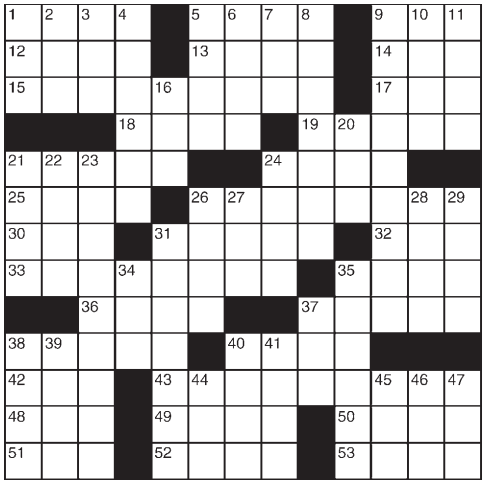
METRO NEWS SERVICES

Today Icy, cloudy 7 C / -2 C
Wednesday Cool 3 C / -3 C
Thursday Cool 5 C / -6 C

BREAKFAST TELEVISION

Andrew Schultz, Meteorologist – Breakfast Television
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." **WEEKDAYS AT 6 A.M.**

Take Five



ACROSS

1 "— the night before ..."
5 Out on the briny
9 Branch
12 Near the treasure
13 Sci. course
14 Pi follower
15 Salad ingredient with a heart
17 Aviv preceder
18 You, to a Quaker
19 Bobby of Indy 500 fame
21 Nebraska city
24 Money of Ethiopia
25 Lean and supple
26 High- — (hockey infraction)
30 Superlative ending
31 Heart line?
32 Pirouette pivot
33 Airport listing
35 Sawyer's pal
36 Orsk's river
37 Surround
38 "Get lost!"
40 First victim
42 Spoon-bender Geller
43 Missile launchers
48 Extinct bird of New Zealand
49 Hiding spot
50 Shaving cream additive
51 Possess
52 Use a keyboard
53 Misrepresent

DOWN

1 Old airline initials
2 Kids' card game
3 Illustrations
4 Forge
5 Rue the run
6 Oxford, e.g.
7 "A mouse!"
8 Neil Diamond hit
9 Joint woe
10 Comical Caroline
11 Gangster's gal
16 Dance syllable?
20 Noah's creation
21 Hasn't paid yet
22 Catchall abbr.
23 Evoking Camelot
24 Nibble
26 Satan's buy
27 Bygone MTV show
28 Zilch
29 Well-bred chap
31 Inflexible
34 Mound stat
35 Guys
37 Puccini's "Un — di"
38 Wrestling style
39 Boast
40 On
41 Tour de France need
44 Siegfried's partner
45 Wapiti
46 Fish eggs
47 Evergreen type

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

			5	3				4
1		4		8		5		
					9			8
	6	1	7	5		3		
		8				7		
		2		9	6	8	4	
6			4					
		3		6		2		9
8				2	5			

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

6	9	7	3	2	4	1	8	5
4	1	5	9	6	8	7	3	2
8	2	3	5	1	7	4	6	9
7	8	9	6	4	3	2	5	1
2	5	6	1	8	9	3	4	7
3	4	1	7	5	2	6	9	8
9	7	2	8	3	6	5	1	4
5	3	8	4	7	1	9	2	6
1	6	4	2	9	5	8	7	3

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Pineapple Beef Stir-Fry

INGREDIENTS:
1 can (28 oz/796 ml) pineapple chunks
1/2 cup (125 ml) minced cilantro
1/4 cup (50 ml) soy sauce
1 tbsp (15 ml) ground ginger
1 lb (500 g) beef steak, thinly sliced
1 tsp (5 ml) cornstarch
2 tsp (10 ml) vegetable oil
1 medium red pepper, thinly sliced
1/2 cup (125 ml) cut fresh green beans
1 tbsp (15 ml) chopped chili peppers
2 garlic cloves, minced
2 green onions, sliced

METHOD:
1. Drain pineapple, reserving 1 cup (250 ml) pineapple and 3/4 cup (175 ml) juice (Save remainder for another use).
2. Combine cilantro, soy sauce, ginger and reserved pineapple juice. Remove 3/4 cup (175 ml); cover and refrigerate.
3. Combine beef and remaining marinade. Refrigerate 30 minutes. Discard marinade. Mix cornstarch and reserved juice mixture until smooth.
4. Stir-fry beef in oil 5-6 minutes. Remove beef with slotted spoon and keep warm. Add pepper, beans, chili peppers and garlic to skillet; stir-fry 5 minutes. Stir juice mixture into skillet.
5. Bring to boil; stir 1 minute or until thickened. Add onions, beef and reserved pineapple. Serve over rice.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
Don't feel guilty about leaving boring tasks to others because the planets urge you to focus only on things that are new and exciting.

TAURUS ♉
APRIL 21-MAY 21
Don't make too many plans today because Saturn's change of signs on Thursday will disrupt things in unexpected ways.

GEMINI ♊
MAY 22-JUNE 21
You can tell without knowing why that something out of the ordinary is going to happen. But that is not an excuse to hide yourself away.

CANCER ♋
JUNE 22-JULY 22
You may have been running here, there and everywhere recently but now you must take life more slowly.

LEO ♌
JULY 23-AUG 23
Live for the moment and don't waste time wondering if things might have turned out better had you done this or that.

VIRGO ♍
AUG 24-SEPT 22
You may not understand why certain events had to happen but you do understand that you can't turn the clock back.

LIBRA ♎
SEPT 23-OCT 23
No matter how complicated life seems to get this week you must never forget that there is always a simple explanation for all that happens.

SCORPIO ♏
OCT 24-NOV 22
The Sun in your sign will help to protect you from harm, but that's not an excuse to push boundaries beyond where you know they should be.

SAGITTARIUS ♐
NOV 23-DEC 21
The future is nowhere near as bleak or as barren as certain people are encouraging you to believe. Life always changes.

CAPRICORN ♑
DEC 22-JAN 20
If you feel like shutting yourself off from the world and being alone with your thoughts, do so.

AQUARIUS ♒
JAN 21-FEB 18
This should be a relaxed and enjoyable day for you and it will be more enjoyable still if you share it with people on the same wavelength.

PISCES ♓
FEB 19-MARCH 20
Despite past mistakes, you don't need to question if you are going about things in the right way.

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Sirenis La Salina
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$749
+Taxes & other fees (including service charges): $218

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Gran Bahia
Principe Tulum • 5★
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Jan. 31 • 1 wk.
PRIVILEGES
$1299
+Taxes & other fees (including service charges): $250

Punta Cana
Gran Bahia Principe
Punta Cana • 5★
All-Inclusive • Junior suite
Dec. 22 & 29 • 1 wk.
Book and pay in full by Oct. 31
$1699
+Taxes & other fees (including service charges): $301

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All-Inclusive • Standard rm.
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+Taxes & other fees (including service charges): $218

Ixtapa / Zihuatanejo
Barceló Ixtapa Beach • 4★
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Dec. 19 • 1 wk.
$1399
+Taxes & other fees (including service charges): $274

Jamaica
Sunset Jamaica Grande
Resort & Spa • 4★
All-Inclusive • Standard rm.
Dec. 21 & 28 • 1 wk.
Book and pay in full by Nov. 2
$1529
+Taxes & other fees (including service charges): $265

Los Cabos
Barceló Los Cabos
Palace Deluxe • 5★
All-Inclusive • Junior suite
Jan. 9 & 23 • 1 wk.
$1199
+Taxes & other fees (including service charges): $272

Punta Cana
Occidental Grand
Punta Cana • 4★
All-Inclusive • Junior suite
Feb. 2 & Mar. 2 • 1 wk.
Book and pay in full by Oct. 31
$1199
+Taxes & other fees (including service charges): $301

Gran Bahia Principe Jamaica • 4 1/2★
All-Inclusive • Junior suite.
Dec. 21 & 28 • 1 wk.
Book and pay in full by Nov. 2
PRIVILEGES
$1649
+Taxes & other fees (including service charges): $265

DEAL to EUROPE

London
Barkston Gardens • 3 1/2★
Breakfast
Standard rm.
Dec. 10 • 4 nts.
$867
+Taxes & other fees (including service charges): $480

DEAL on CRUISES

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+Taxes & other fees (including service charges): $180

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Puerto Vallarta
Meliá Puerto Vallarta • 4★
All-Inclusive
Deluxe garden view rm.
Jan. 2 – 30 • 1 wk.
PRIVILEGES
$1289
+Taxes & other fees (including service charges): $266

Cancun / Riviera Maya
Paradisus Riviera
Cancun Resort • 5★
All-Inclusive
Deluxe garden view junior suite
Jan. 31 • 1 wk.
PRIVILEGES
$1799
+Taxes & other fees (including service charges): $250

Meliá Puerto Vallarta

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